

Bachelor of Science in Nursing Program
 NURS 2022 Clinical Practicum: Mental Health Nursing
Educational Care Plan Peer Review

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| | <p>Date of Review- Feb 10, 2026</p> <p>Name of student that created the care plan -Ben Grant</p> | <p>Name of Peer Reviewer – Rajan Patel</p> <p>Resource References Used –</p> <p>Gulanick, M., & Myers, J. L. (2021). Nursing care plans: Diagnoses, interventions, and outcomes (10th ed.). Elsevier.</p> <p>Tyerman, J., & Cobbett, S.L. (2022). Lewis’s medical-surgical nursing in Canada: Assessment and management of clinical problems (5th ed.). Elsevier.</p> |
| | Criteria | Peer Feedback |
| 1 | <p>Create a safe and shame- and blame-free environment to assess client learning</p> | <p>Ben’s care plan uses a supportive and respectful approach. The focus is on helping the client succeed rather than pointing out mistakes, which aligns with mental health nursing principles (Lewis et al., 2022).</p> |
| 2 | <p>Use a universal precautions approach for health literacy to create a safe, shame- and blame-free environment</p> | <p>The plan assumes the client may have difficulty remembering or processing information and adjusts teaching accordingly. This reflects a universal health literacy approach (Gulanick & Myers, 2021).</p> |
| 3 | <p>Assess the learning needs of the client</p> | <p>Learning needs are clearly identified and linked to the client’s difficulty with ADLs. The plan focuses on realistic and appropriate goals for the client’s abilities (Gulanick & Myers, 2021).</p> |
| 4 | <p>Tailor your approach and educational design by collaborating with the client and the interprofessional team</p> | <p>The care plan reflects collaboration with staff who know the client well. This supports consistent care and aligns with interprofessional practice (Lewis et al., 2022).</p> |
| 5 | <p>Engage in more structured and intentional approaches when facilitating client-centered learning</p> | <p>Teaching strategies are organized, step-by-step, and intentional. This approach is appropriate for a client with cognitive challenges (Gulanick & Myers, 2021).</p> |

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| 6 | Use plain language, pictures and illustrations to promote health literacy | The use of pictograms and simple instructions supports understanding and memory. Visual supports are appropriate for promoting independence (Gulanick & Myers, 2021). |
| 7 | Use a combination of educational strategies for effective learning: Printed materials Telephone Audiotapes Video Computer-based technology and multimedia presentations | The plan uses multiple strategies such as verbal instruction, visuals, repetition, and teach-back. Using more than one method supports effective learning (Lewis et al., 2022). |
| 8 | Assess client learning | Learning is assessed through observation and teach-back rather than assumptions. This allows the nurse to clearly see if learning has occurred (Gulanick & Myers, 2021). |
| 9 | Communicate client centered learning effectively with the client and the interprofessional team | The care plan shows clear communication with staff to ensure consistent teaching. This supports continuity of care and client safety (Lewis et al., 2022). |

Source: Adapted from the Registered Nurses' Association of Ontario Clinical Best Practice Guidelines Facilitating Client-Centered Learning (2012a, p. 6).